Sprint backlog:

User story: As a user I want to be able to open a file so that I can open the file and will be able to edit or change this file as per my work.

Task:

Day 1: Design the user interface for opening file, editing file and saving file [Story points: 3]

Day 2: writing code for opening file [story points: 3]

Day 3: writing code for editing file [story points: 2]

Day 4: test the user interface and things that is involved in opening a file [story points: 2]